



# Cow Creek Government Office

## Position Description

**Position Title:** Integrated Care Mental Health Therapist

**Department:** CCH&WC

**Reports To:** Behavioral Health Manager

**FLSA Designation:** Exempt

### POSITION PURPOSE:

The Integrated Care Therapist will provide mental health assessment, crisis intervention, safety planning, brief therapy (up to three months), care coordination and other services as part of the Mental Health staff who are integrated in with the primary care teams.

### ESSENTIAL FUNCTIONS:

- Works with the Medical Department, Behavioral Health Department and others to provide crisis intervention, urgent care, risk assessment, mental health screenings, brief therapy, care coordination and warm handoffs.
- Completes bio-psycho-social assessment to aid in formulating diagnosis and treatment plan.
- Documents delivered services in IHS EHR system and coordinates treatment with the patient, other clinic staff and appropriate community agencies.
- Maintains client records, program records and reporting in accordance with Tribal, Indian Health Services, the Federal government, and Oregon State professional standards, rules and regulations. Adheres to all applicable tribal, federal, or state privacy laws and regulations, including but not limited to HIPAA and 42 CFR Part 2.
- Attends meetings and participates in committees as required by the Mental Health Clinical Manager.

### QUALIFICATIONS:

- Requires a Master's degree in a behavioral health science field from an accredited university which meets the standards for Oregon licensure for LPC or LCSW.
- Minimum of five (5) years active ongoing recovery if recovering from chemical dependency or other addictions.
- Previous work experience in delivering behavioral health services in Tribal communities is preferred.
- Knowledge of and experience with integrated team based models of care.
- Demonstrated work/internship experience as a Mental Health Counselor to include experience with suicide risk assessment, crisis intervention, and safety planning.
- Ability to work effectively and collaboratively with primary care medical providers, while delivering behavioral health treatment.
- Must be detail-oriented, well-organized and able to multi-task while accurately completing activities related to position.
- Excellent communication skills both written and orally with the ability to speak before groups.

- Must possess a valid driver's license and maintain insurance requirements to operate General Services Administration vehicles.
- Must submit to and pass a reference and criminal background check.
- Must submit to and pass a pre-employment drug and alcohol screening.

**Cow Creek Government Office**  
Position: Integrated Care Mental Health Therapist  
**Position Minimum Requirements**

{Continuous -- 67-100% of the day. Frequent – 34-66%. Occasional – 6-33%. Intermittent – 1-5%}

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1. **SITTING** – (Percent of time or hours per day? Surface? Foot Controls?) **Continuous**

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  2. **STANDING** – (Percent of time or hours per day? Type of Surface? Duration at one time?) **Intermittent**

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  3. **WALKING** – (Percent of time or hours per day? Surface? Distance?) **Intermittent**

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  4. **POSITIONS** – (Can worker change positions frequently? Occasionally?) **Occasional**

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  5. **LIFTING & CARRYING** – (Weight? Type of object(s)? Frequency? Distance?) **Intermittent to NA**

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  6. **PUSHING/PULLING** – (Weight? Type of object(s)? Times per hour? Distance?) **NA**

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  7. **REACHING/HANDLING** – (Use of hands for repetitive fine manipulation? Distance? Overhead reaching? Frequency?) **NA**

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  8. **BENDING/SQUATTING** – (Frequency? From Waist? Knees? Duration?) **Intermittent to NA**

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  9. **TWISTING** – (From what body part(s)? Frequency? How far? Work being done?) **NA**

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  10. **CLIMBING** – (Height? Slope? Number of steps? Frequency? On what? Ladder?) **NA**

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  11. **CRAWLING** – (Surface? Frequency? Distance?) **NA**

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**ENVIRONMENTAL FACTORS** – (Include whether job is performed inside or out identifying extremes of cold, humidity, heat, etc. Include any hazards such as noise, light, fumes, dust, vibration, liquids, chemicals, communicable disease, etc.)

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<u>X</u>	Sedentary Work	= Prolonged periods of sitting, exerts up to 10lbs of force occasionally
—	Light Work	= Exerts up to 20lbs. of force occasionally, and up to 10lbs. of force frequently
—	Medium Work	= Exerts up to 50lbs. of force occasionally, and up to 20lbs. of force frequently
—	Heavy Work	= Exerts up to 100lbs. of force occasionally, and up to 20lbs. of force frequently
—	Very Heavy Work	= Exerts up to 100lbs. of force occasionally, and up to 50lbs. of force frequently

**I have read and reviewed this job description with my immediate supervisor and fully understand the terms set forth.**

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EMPLOYEE

DATE

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SUPERVISOR

DATE

**The job description is not intended to detail every aspect of your job or list every task you may perform. It is provided as a general overview of the responsibilities and skill required to do this job successfully.**